

PD-HLTH 3: Gross Motor Manipulative Skills

Child shows increasing proficiency in gross motor *manipulative skills* (e.g., reaching, kicking, grasping, throwing, and catching)

Mark the latest developmental level the child has mastered:

Responding		Exploring			Building			Integrating
Earlier ○	Later ○	Earlier ○	Middle ○	Later ○	Earlier ○	Middle N/A	Later N/A	Earlier N/A
<p>Moves in basic and often involuntary ways</p> <p>Possible Examples</p> <ul style="list-style-type: none"> • Kicks legs. • Extends arm. • Flexes foot. 	<p>Uses arms, legs, or body to move toward or reach for people or objects</p> <ul style="list-style-type: none"> • Kicks against a nearby object. • Rolls onto side, toward an object, while lying on a blanket. • Reaches toward a familiar adult, using both arms. 	<p>Uses arms, legs, or body to engage in simple, repeated actions on objects</p> <ul style="list-style-type: none"> • Bangs a cup on a table. • Splashes in water. • Kicks table leg while seated for snack. • Moves to a ball, pushes it away, then moves toward it and pushes it again. 	<p>Uses arms, legs, or body in various ways to manipulate objects, while in positions such as sitting, moving on all fours, or upright, using support</p> <ul style="list-style-type: none"> • Picks up and drops blocks while holding onto a low table. • Sits with legs apart and traps a rolling ball with arms. • Moves toward a large container while holding onto a beanbag, and then drops beanbag inside the container. • Crawls under table to retrieve a block; then crawls back out while holding the block. 	<p>Manipulates objects, using one or more body parts, with limited stability</p> <ul style="list-style-type: none"> • Raises arm to throw a beanbag without moving feet, but loses balance. • Approaches a stationary ball, stops, and pushes ball with foot, then steadies self. • Catches a ball while in a stationary position, using arms to bring it in and hold it against body. 	<p>Manipulates objects, using one or more body parts, with stability but limited coordination</p> <ul style="list-style-type: none"> • Practices throwing a ball by bringing it behind the head, sometimes dropping it but continuing the arm motion. • Bends knees and jumps up to move a parachute or bed sheet that is also being held by others, sometimes losing grasp. • Swings leg back to kick a stationary ball while standing in place. • Hands out carpet squares to peers at circle time, sometimes dropping them. 	<p>Uses two or more movements sequentially to manipulate objects, sometimes pausing briefly between movements</p> <ul style="list-style-type: none"> • Catches a stuffed animal, with hands, keeping arms extended, and then uses hands to hold onto it. • Steps and kicks a stationary ball, showing arm and leg opposition (e.g., left foot forward, right arm back), pausing briefly between stepping and kicking. • Reaches up to take a hat off a hook, pauses to regain balance, and then puts hat on head. 	<p>Coordinates arms, legs, or body to manipulate objects, with connected sequential or simultaneous movements</p> <ul style="list-style-type: none"> • Uses hands to catch a beanbag tossed to either side of the body. • Strikes a ball off a cone, using a bat, with a horizontal swing and rotation of upper trunk. • Runs up to a stationary ball, plants foot next to the ball, and then swings leg for a forceful kick. 	<p>Applies a variety of manipulative skills, in combination with locomotor skills, in different physical activities</p> <ul style="list-style-type: none"> • Runs, with arm and leg opposition (e.g., left foot forward, right arm back), to try to catch a butterfly with a net. • Runs and kicks a moving ball forcefully, showing arm and leg opposition (e.g., left foot forward, right arm back), maintaining balance. • Bounces a ball several times while walking.

○ Child is emerging to the next developmental level

○ Unable to rate this measure due to extended absence

