

## PD-HLTH 7: Personal Care Routines: Feeding

Child responds to feeding and feeds self with increasing proficiency

Mark the latest developmental level the child has mastered:

Responding		Exploring		Building		Integrating
Earlier <input type="radio"/>	Later <input type="radio"/>	Earlier <input type="radio"/>	Later <input type="radio"/>	Earlier <input type="radio"/>	Later N/A	Earlier N/A
<p><b>Responds in basic ways during feeding</b></p>	<p><b>Shows interest in participating in the process of being fed</b></p>	<p><b>Feeds self some finger food items</b></p>	<p><b>Feeds self some foods using a spoon and cup, sometimes needing help</b></p>	<p><b>Feeds self a wide variety of foods using a spoon, fork, and an open cup</b></p>	<p><b>Serves self or others by scooping or pouring from containers</b></p>	<p><b>Prepares simple foods to serve to self or others</b></p>
<p><b>Possible Examples</b></p> <ul style="list-style-type: none"> <li>• Turns toward an adult’s touch during feeding.</li> <li>• Sucks on the nipple of a bottle or breast.</li> <li>• Gazes at or nuzzles up to an adult when feeding.</li> </ul>	<ul style="list-style-type: none"> <li>• Closes lips around food on a spoon.</li> <li>• Puts one or both hands on a bottle or breast while being held during feeding.</li> <li>• Reaches for a spoon while being fed.</li> <li>• Shows excitement as an adult approaches with a bottle or bowl.</li> </ul>	<ul style="list-style-type: none"> <li>• Feeds self small pieces of food, such as cereal or cheese, with fingers or whole hand.</li> <li>• Holds and bites a banana.</li> <li>• Picks up and eats crackers from a tray.</li> </ul>	<ul style="list-style-type: none"> <li>• Eats soft food, such as yogurt or applesauce, from a bowl, using a spoon, with adult sometimes assisting with scooping.</li> <li>• Drinks from a cup while an adult guides the cup.</li> <li>• Uses a spoon to eat dry cereal from a bowl, sometimes dropping cereal pieces.</li> </ul>	<ul style="list-style-type: none"> <li>• Uses a child-sized fork to pierce food.</li> <li>• Drinks water from a small open cup.</li> <li>• Uses adaptive utensils to feed self a meal when positioned functionally.</li> </ul>	<ul style="list-style-type: none"> <li>• Serves self from a serving bowl, using a large spoon, while someone else holds the bowl.</li> <li>• Pours from a small pitcher, with some spilling.</li> <li>• Uses a scoop to fill small bowls with cereal for snack time.</li> </ul>	<ul style="list-style-type: none"> <li>• Spreads jelly on bread with a small spatula to make a sandwich.</li> <li>• Cuts foods with a small plastic knife.</li> <li>• Takes the shell off of a hard-boiled egg.</li> </ul>

- Child is emerging to the next developmental level
- Unable to rate this measure due to extended absence

